

2021 Resident Camp Packing List

Campers are responsible for all items brought to camp. **LABEL EVERYTHING!** Girl Scouts in the Heart of PA is not responsible for lost, damaged or stolen items. Please be advised that the list below represent supplies for resident camp (5 days, 4 nights).

Sleep Essentials

- Sleeping bag or heavy blankets
- Pillow(s) & extra pillow case
- Fitted sheets (twin size)
- Comfort item (example: stuffed animal)

Personal Hygiene

- 3-4 washcloths
- Shampoo/conditioner
- Body wash/soap
- Deodorant
- 2-3 towels (swimming & showering)
- Toothbrush and toothpaste
- Hair brush/comb
- Shower caddy or bag

Clothing

- Shorts/athletic shorts for each day
- 1-2 pairs of long pants
- Shirts
- Heavy sweater, sweatshirt, or jacket
- Undergarments (required daily, pack extras)
- Socks (required daily, pack extras)
- 2 bathing suits
- Pajamas (nights are cold/hot, bring options)
- Raincoat or poncho (no umbrellas please)
- 2 pairs of sturdy shoes (closed toes)
- 1 pair of waterproof boots (rain boots)
- Flip flops or water shoes for showering only
- Water shoes for creek activities (no flip flops)

Theme Day Packing (Optional)

Pink shirt: On Wednesdays, all campers and staff are invited to wear pink.

Tie Dye: Something to tie dye (a white t-shirt/tank top, pillowcase, or bandana), or pack a tie dye shirt

Please do NOT bring the following:

FOOD/SNACKS/CANDY – Food in tents and cabins attracts critters (skunks, raccoons, and other woodland creatures) and can be dangerous to girls with severe food allergies. Girls will be asked to “turn in” any food or candy they bring with them or is sent to them. **Please do not send food, candy, or snacks in care packages.**

CELL PHONES & ELECTRONIC COMMUNICATION DEVICES – Items like cell phones, pagers, and electronic games are not permitted on camp by campers. If brought to camp, they will be labeled and kept in the office until check-out.

Cell phone use by a camper often negatively affects the other campers by increasing homesickness. We encourage your child to be independent, so her counselors and Camp Director will work together with her to resolve any issues or concerns. If problems arise that our staff cannot handle, we will contact a parent or guardian. If

Miscellaneous

- Face Masks (cloth and/or disposable, 3-4)
- Prescription medication for Camp Nurse
- Daypack or backpack
- Refillable water bottle (name on it)
- Sunscreen and insect repellent (non-aerosol)
- Ointment for bug bites
- Sunglasses
- Bandana or hat
- Hair ties
- Chapstick and/or lip balm
- Flashlight/headlamp, extra batteries

Optional Items

- Disposable camera
- Reading materials/books/journal
- Playing cards/non-electronic games (if deemed inappropriate for camp, items will be confiscated by staff to be returned during check-out)
- Stationary, pen/pencil, stamps, envelopes
- Swim vest or floaties (only if needed to swim)
- Earplugs or sleeping mask for light sleepers
- Friendship bracelet string
- Garbage bag (to pack pillows in if it rains during check-out)
- Feminine sanitary products (if needed)
- Small battery operated fan for sleeping
- Mess kit or plastic cup, plate, & silverware for outdoor cooking (NO GLASS)

parents have any concerns, or in case of emergencies, they are always welcome to call camp and speak to the Camp Director.

VALUABLE ITEMS – iPods, mp3 players, portable DVD players, radios, electronic games, cell phones, expensive jewelry, and anything else that might be considered valuable **should be left at home**. These items are unnecessary at camp and dampness could ruin these items.

OTHER- Weapons, fireworks, alcohol/tobacco/illegal substances, lighters, aerosol cans, personal sports equipment, pool toys, animals/pets.

Packing Tips

Preparing for Camp

Campers are encouraged to develop a sense of responsibility while at camp. They take care of themselves and their belongings with counselor supervision. We ask that you encourage your child to help select and pack her items for camp. (Don't worry too much about neatness!)

Clothes to Have Fun!

Please, send clothing items that campers can really play in. Campers will get involved in a “hands-on” way and their clothing may show the wear & tear. **Please, do not send expensive clothing to camp**. Camp will NOT be responsible for lost or damaged articles.

Labeling Clothes and Equipment

Before packing clothing and camp gear, remember to **mark/label each piece with your child's name**. Mark the article of clothing so that the camper's name will be easily seen when searched for. The collar, waistband, or tags of most clothing articles and inside hats/shoes works well. For towels, sheets, pillowcases, and sleeping bags place tape, with name, on opposite corners to label, or label the item's tags/corners with permanent marker. Mark names clearly on miscellaneous items as well! Don't forget to mark bags and/or totes, too!

We ask that you please use full names (no initials), as many campers will share similar initials. At camp, some clothing/items may be misplaced, left at camp, or packed into another child's bag. Thus, proper “ID” on belongings and clothing will greatly assist in the return of articles to their proper owner.

Any lost and found items must be retrieved from camp. All lost and found items will be thrown out, donated, or cleaned for use at camp if they are not collected one month after the camp season ends. Lost and found items will NOT be mailed home.

Packing Items

Pack clothing/belongings into one duffel bag, tote, backpack, or old suitcase. Duffel bags are the preferred camp luggage - easy to carry and easy to store.

Check-In

Luggage will be placed in the designated luggage area, based on assigned units, during the check-in. Luggage will then be delivered to camper's units during the check-in process; however, luggage may not arrive while campers are walking to their units. Therefore, campers are encouraged to carry an item to claim a bed. Girls must be able to carry this item. We recommend a backpack or bedding and pillows.

Final Note to Packers

This checklist is for your convenience. **Avoid unnecessary purchases**. If you can substitute something on the list with an item you already have, feel free to do so.

Frequently Asked Questions

Masks: Girls can bring their favorite face masks to camp. However, we recommend that you pack extra! Cloth masks are fun, but a day under the sun can make them uncomfortable. It is highly recommended that you pack a few disposable masks as well. Facemasks could get lost or dirty during camp.

Swim vest or floaties: Any parents/guardians who are worried about their camper passing the swim test are welcome to send a personal flotation vest or floaties. Girls will be allowed to swim in deeper levels than their swim level if they have swim vests or floaties while in that section. We do have vests available on camp, but we cannot guarantee that they will fit all campers.

Small battery operated fan for sleeping: Campers sleep in non-AC units. Cabins/tents can get warm throughout the day. We recommend that girls bring a small battery operated fan (not hand held) for their bed/cabin. This will help to circulate air and to keep your camper cool. Please do not bring a fan that needs to be plugged in. There are either no outlets or not enough outlets for all the girls to have this option. Click [HERE](#) for an example.

Why two bathing suits? The girls will swim every day (weather permitting). It's nice to have a dry bathing suit to put on.

Why do I need to pack a fitted sheet if I am packing a sleeping bag? Most girls find it more comfortable to have a sheet lining the vinyl mattress.

Can campers wear sleeveless shirts? Yes, however we will not allow halter-tops or anything that is deemed overly revealing.

Will my camper need a laundry bag? Campers will NOT be doing laundry while on camp. Please pack enough clothes for your child's entire stay on camp. Exceptions are made for any accidents. If campers would like to bring a laundry bag to store dirty clothes, they may.

Do I really need to pack two pairs of shoes? Living outdoors, girls can get wet and messy. Sudden downpours are frequent at camp and can leave a pair of shoes wet for the rest of the week. It's best to plan for that by packing an extra pair.

Can my daughter wear Crocs, Chaco or Tiva sandals? Crocs and sandals (with a back strap) are really only suitable for wearing in the shower or during creek walks.

If I forget to send my camper with an item, what can I do? Forgotten items can be dropped off at the Camp Office. Please remember to call or email the camp beforehand. Communication beforehand is essential. There are times on camp when no one is in the Camp Office. The Camp Director's phone number and email can be found on your confirmation email.

Have additional questions about camp? Contact our Member Services team at 800-692-7816 or by email at MemberServices@gshpa.org.